

YOUR FIRST SEMESTER



Checklist

- ☐ Create a weekly schedule that includes time for class, studying, meals, and breaks.
- ☐ Introduce yourself to your instructors and visit during office hours.
- ☐ For in-person classes, make sure you have a transportation plan that includes backup.
- ☐ Meet your academic advisor early and stay in touch throughout the semester.
- ☐ Get involved on campus by joining a club and attending events.
- ☐ Use campus resources like TLC, library, and career center
- ☐ Take care of yourself by getting enough sleep, managing stress, and making time to relax.