

COUSELING SERVICES

BCC recognizes students may encounter personal struggles that can impact their studies. Our licensed, experienced, Counselor provides **short-term solution-focused** counseling to enrolled students.

- Anxiety
- Depression
- Low Self Esteem
- Stress Management
- Grief
- Thoughts of Suicide
- Co-Dependency
- Depression

BCC's Counselor adheres to HIPPA guidelines keeping counseling sessions confidential, **except** in the event an individual discloses intent to harm themselves or others. When necessary, BCC's Counselor may request emergency or referral services to an appropriate program within the community.

