

**CERTIFICATE  
HEALTH PROMOTIONS  
(C45630H)**

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

College Readiness	
	<u>English</u>
Must enroll in Transition English (ENG-025) course	
May enroll directly into ENG-111	
Must enroll in Transition Math MAT-025 ( MAT-143,MAT-152)	<u>Math</u>
Must enroll in Transition Math MAT-035 (MAT-171)	
May enroll directly into MAT-143, MAT-152, MAT-171	
May enroll directly into MAT-110	

FIRST FALL SEMESTER				
Course Prefix & Number	Course Title	Semester & Year	Grade	Credit Hours
ENG 111	Writing and Inquiry			3
HEA 110 or PED 110	Personal Health/Wellness  Fit and Well for Life			3  2
	<b>TOTAL</b>			<b>5-6</b>

FIRST SPRING SEMESTER				
Course Prefix & Number	Course Title	Semester & Year	Grade	Credit Hours
BIO 155	Nutrition			3
COM 231	Public Speaking			3
PSY 150	General Psychology			3
	<b>TOTAL</b>			<b>9</b>
	<b>TOTAL CREDIT HOURS</b>			<b>14-15</b>

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