

Health and Fitness Science

Program Learning Outcomes

PLO1:

Students will develop a custom fitness plan with a proficiency of 70% or higher on related assessments.

PLO2:

Students will analyze managerial and legal responsibilities in health fitness with a proficiency of 70% or higher on related assessments.

PLO3:

Students will demonstrate the ability to recognize and treat common exercise related health issues with a proficiency of 70% or higher on related assessments.